2022 Registration Information

Welcome to Venetians Netball Club for the **2022** winter season. We would ask that you please take the time to read the information provided over the following pages as it will assist you with the registration process and provide other information about our club.

This year registrations will be completed on a new platform using PlayHQ and will require full payment at the point of registration. Registrations will commence on the 1st January 2022 for players in NetSetGO up to 18 & Under and close by the 31st January 2022. Acceptance of registration is subject to the availability of places and may result in the registration period closing earlier than stated. We recommend registering as soon as possible to avoid missing out on a place. Late registrations will only be accepted if there are suitable places available.

<u>Open Players:</u> Please note that this year we are staggering our open registrations. Players who played the previous season and existing members will be given priority to register. Registrations for existing members will open on the 1st January 2022 and will close on the 14th January 2022.

After this date registrations will open for new members depending on positions available from the **17th January 2022** and will close on the **31st January 2022**.

Please note that preference will be given to existing members and to players who are financial with the club, will be playing more than 80% of the season and have a good attendance record.

Prior to registering, all members are required to read and agree to the Membership Agreement, Medical Disclaimer, Venetian's Code of Conduct and WDNA Code of Behaviour. If you are intending on applying for **Kid Sport** this must be done prior to registration as well.

CONTENTS

In this registration pack you will find information on the following aspects of Venetians Netball Club.

Information night and AGM page 3
Membership Agreement page 4
Medical Disclaimer page 5
Summary of WDNA and Venetian's Code of Conduct page 6
Covid-19 update page 7
How to register page 8
KidSport page 8
Non-training teams page 9
Trophy events and fundraising page 9
Fee structure page 10
Grading and team announcements page 11
Pre-grading skills sessions page 12
Volunteering at Venetians page 13
Training page 14
Uniforms page 15
Strength and conditioning page 16
Player pathwaypage 18

Our Gold Sponsors





Our Silver Sponsors





Our Bronze Sponsors







INFORMATION NIGHT AND ANNUAL GENERAL MEETING

We invite all our members (new and existing) to attend our information night on the **1st of February 2022**. The purpose of this event is to provide all members with information regarding the club which includes information on grading and training. We will also have our Silver Sponsors Mandy Hopper from MH Performance speaking about strength and conditioning and Darch Physio providing information on injury prevention and their services. Bronze Sponsor and uniform supplier Victory Athletic will also be in attendance for information on uniform services.

We will hold our annual general meeting at the beginning of the information night and 2021 financial members and new financial members for 2022 will be able to vote to elect our new committee.

There will also be door prizes which include free memberships for the season.

When: Tuesday 1st February 2022 Where: Wanneroo Districts Netball Association clubrooms Time: 6.30 – 8.30pm







VENETIANS SPIRIT OF PLAY

MEMBERSHIP AGREEMENT

Below are the expectations that all members should have of Venetians Netball Club, and those which Venetians Netball Club has of its members. This document presents a clear understanding of the culture that our club wishes to maintain, and how this will be achieved.

Our Mission Statement

The club's mission is to provide equal opportunities within the community by leading effective management, support and development within the spirit of the game. We have established club values with the aim to provide an opportunity for everyone to participate in the game of netball from the social participant to the elite athlete. We want to attract and retain people from the community who support our values and wish to foster the strong identity of our club culture for many years to come.

What Venetians Netball Club will do for you

We will continue to give all our members the opportunity to participate in the game of netball; whether that be as a player, coach, umpire, manager, parent or committee member. We will continue to offer high quality development opportunities for all members and will support netballers of all abilities. We will continue to grow a positive culture that attracts like-minded people who share a common passion. We will promote our club values of inclusion, development, integrity, respect, family, friendship and fun. By ensuring that all members live our club culture we will guarantee you will feel at home at Venetians Netball Club and continue to be a part of our family for many years to come.

What you can do for Venetians Netball Club

Everything that we can and will do for you, requires the support of volunteers. You can help support the club by becoming a volunteer in a number of different ways. You can help welcome new members at our annual club day and social events. You can learn to coach, umpire or manage a team. You can join a sub-committee or take lots of photos and tag us on social media. You can help organise equipment, hand out fundraising chocolates or assist with the WDNA BBQ roster. There are many ways you can help our club improve, all you need to do is put up your hand. We want you to become a familiar face around the club and a proud member of our family.

Our Agreement

By applying for membership with Venetians Netball Club the individual is agreeing to become a part of the environment and culture described above. In doing so they also agree to support the club and continue its improvement.

MEDICAL DISCLAIMER

In consideration of Venetians Netball Club Inc. (hereinafter called "Venetians") accepting myself/my child as a playing member and registering myself/my child and keeping myself/my child registered, I, the undersigned, hereby agree to myself/my child attending and participating in all netball activities and agree to and do indemnify Venetians, its committee, coaches and team managers, in so far as to the extent to which Venetians, its committee, coaches and team managers are not entitled to be indemnified under any policy of insurance whatsoever from and against any claims, damages or compensation which may befall or occur to myself/my child during participation in a netball activity or function connected with Venetians or when travelling to or from such activity or function.

I further authorise any officers, coaches and team managers of Venetians in the event of such an accident, injury, disease or illness to obtain the necessary medical assistance or treatment and for this purpose engage any medical, ambulance and nursing assistance and/or hospital treatment and in this event, I agree to pay all such fees and expenses and any fees and expenses incurred by Venetians, these said fees to be paid to Venetians on demand.



SUMMARY OF WDNA AND VENETIAN'S CODE OF CONDUCT

The Player Code

- Play for the "fun of it" and play by the rules. Never argue with an official. If you disagree, have your Captain, Coach or Manager approach the official during a break or after the match.
- Control your temper. Verbal abuse of committee members, spectators, officials or other players is not acceptable or permitted in any sport.
- Work equally hard for yourself and your team. Your team's performance will benefit and so will you.
- Be a good sport. Applaud all good plays whether they are by your team or the opposition.
- Treat all players as you would be treated. Do not interfere with, bully or take unfair advantage of another player.
- Avoid using derogatory language.
- Co-operate with your coach, team-mates, opponents and umpires. Without them there would be no competition.
- Training or playing under the influence of alcohol is not permitted.
- Players who are ill (within reason) and or injured must notify coaches and attend training and games (this is however at the discretion of you/your child's coach).
- Players must wear the Venetians training singlet to all training sessions.

The Parent and Spectator Code

- Encourage children to play by the rules.
- Focus on your child's effort and development rather than the overall outcome of the game.
- Any commentary should be positive in nature and you should recognise and encourage good play or efforts.
- Respect the efforts and decisions of volunteer coaches and do not publicly question an official's decision.
- Do not approach a player during the breaks or team huddles unless instructed by the coach or team manager.
- Refrain from coaching your child or other players during games and practices.
- Condemn the use of violence in any form, be it by spectators, coaches, officials or players.
- Show respect for your team's opponents and umpires. Without them there would be no game.
- Encourage players to follow the rules and the officials' decisions.
- Respect and support the decisions of our parent bodies (WDNA, Netball WA, Netball Australia).

The full codes of conduct must be read prior to registration and can be found on our website.

COVID-19 UPDATE

As many of you will be aware there have been changes announced by the State Government as a part of the Safe Transition Plan for Western Australia. This includes the requirement to show **proof of vaccination** to attend large events of 1000+ people.

On match days the number of people at the Kingsway netball courts exceeds 1,000 and WDNA have requested advice from Netball WA on what this means for members of the Association. They are also awaiting information on whatever requirements the City of Wanneroo may place on the facility. However, specific procedures and information on restrictions may not available until closer to the start of the 2022 season and we need to be prepared.

We would like our members and potential members to consider what this means for them before registering for the 2022 Winter Season. It is likely that there may be restrictions on spectators permitted in the complex and it can be assumed that **all spectators and players over the age of 12 will be required to show proof of vaccination or medical exemption.**

If you are not currently vaccinated and are not planning on getting vaccinated, then we would recommend that you do not register for the 2022 season. If you are not vaccinated and are planning on getting vaccinated, then we recommend getting this done as soon as possible as you may not be able to participate in pre-grading skills sessions or grading if you are not fully vaccinated.

As the club receives more information on the possible protocols for 2022, we will update our members. If you have any questions regarding the information presented above then please contact our president on 0400 438 230 or by emailing -<u>president@venetiansnetballclub.com.au</u>

More information on the State Government's Safe Transition Plan can also be found below.

https://www.wa.gov.au/organisation/covid-communications/covid-19-coronavirus-wassafe-transition-plan

For information on receiving the vaccination, please visit the link below.

https://rollup.wa.gov.au/

<u>PlayHQ</u>

Mynetball has become obsolete, and all members will now be required to register via **PlayHQ**. If this is the first time you are using PlayHQ; you will be required to setup a new account. If you need any assistance with registering via PlayHQ please use their support page. Which can be found by clicking the link below.

https://support.playhq.com/hc/en-au

A couple of the main differences you should take note of are listed below.

- Payment is in full at the time of registration.
- There will be no payment plans available.
- If you are applying for Kid Sport, the voucher code has to be entered in the checkout to get your benefits. You must apply for your voucher prior to registering. We will not be issuing refunds for individuals who apply after registration.
- There is a 2.03% service charge applied by PlayHQ for their payment services.

HOW TO REGISTER

Step 1: Visit playHQ by clicking here.

Step 2: Log in with your participant ID and password OR create a new account (first time users).

Step 3: Complete the Registration Form and update ALL details.

Step 4: Add any additional items such as the fundraising levy (optional) and then proceed to the checkout.

Step 5: Enter Kid Sport voucher code and then select payment option.





KID SPORT

Applicants must be aged 5–18 years and have a Health Care Card or Pension Concession Card. Eligible players must apply via <u>kidsport.dlgsc.wa.gov.au</u>. You must apply for KidSport **prior** to registration and enter your code in the checkout in PlayHQ.

Venetians do not manage your application. If codes are not received and entered at the time of registration, no refund will be able to be given. You must have your code prior to registering.

NON-TRAINING TEAMS

We welcome whole non-training teams. You are responsible for organising a minimum of 9 players for a team.

Your team list must be emailed to <u>president@venetiansnetballclub.com.a</u> <u>u</u> prior to registration of any members.

It is a requirement that you supply your own manager (non-playing manager preferred) to help you on Saturdays during the games.

Individual players who are wanting to play non-training will be accepted on availability of places and must register their interest by emailing info@venetiansnetballclub.com.au

TROPHY EVENTS

We hold two events to celebrate the season at the end of the year. These events will take place on the 8th October 2022.

The junior event (NetSetGO to 13 & under) is held over lunch and includes games, dancing, food and soft drink. The open event (15 & under to Open) is held in the evening and includes entertainment, food and a bar and is a more formal occasion. Both events are for players, coaches, managers and volunteers only.

Awards are presented at both events for each team and all players in NSG and 11 & under receiving a trophy.

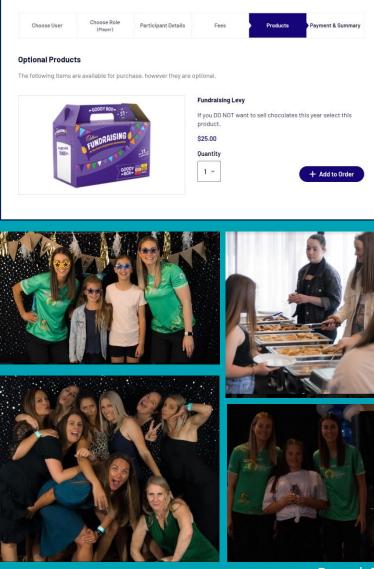
A trophy night ticket for players is included in the overall 2022 fee structure. This is **non-refundable** and payable by all members.

Entertainment, food and soft drink is included in the ticket price and we sometimes have some special guests!



FUNDRAISING

<u>All members</u> are required to fundraise by participating in the chocolate drive OR pay a \$25 fundraising levy. Players who do not pay or fail to return chocolate money will be <u>unfinancial</u> and not be able to take the court until payment is made. If you choose to pay the \$25 fundraising levy you must select this option when registering. There will be an option to add a product before payment.



FEE STRUCTURE

Please find below a breakdown of our fee structure for 2022. If you opt to pay the fundraising levy, this will be added on to the total below.

Player Group	NSG Years 2-5	11 Years old (DOB 2011)	12 – 13 Years old (DOB 2009 - 2010)	14 – 17 Years old (DOB 2005 -2008)	18 Years old + (DOB 2004)
Netball WA	\$40.81	\$90.80	\$90.80	\$90.80	\$94.89
Netball Aus	\$32.55	\$3.37	\$3.37	\$3.37	\$3.37
WDNA	\$69	\$73	\$73	\$73	\$82
Umpiring	\$27	\$27	\$47	\$47	\$57
Club fees	\$50	\$50	\$50	\$50	\$50
Trophy night	\$20	\$20	\$20	\$30	\$30
Total	\$239.36	\$264.17	\$284.17	\$294.17	\$317.26

*There is a 2.03% services charge from PlayHQ that will apply on payment.

REFUNDS

WDNA do not offer full fee refunds after the Netball WA registration date has closed in May. If an injury occurs, fee refunds can be applied for in writing to the club President. (Please note that injury insurance towards some of your treatment costs is available as part of the Netball WA fees.) Any player that withdraws after WDNA registration, may only receive the club portion, minus an administration charge, pending the reason supplied.

FRIENDS OF VENETIANS MEMBERSHIP

For those who choose not to play but still want to be involved with the club. This membership costs \$10 annually. "Friends of Venetians" will be invited to purchase tickets to social and trophy events throughout the year. To sign up as a Friend of Venetians email registrar@venetiansnetballclub.com.au.



GRADING

Provisional paper grading will occur immediately after registrations have closed, and physical grading will begin on the 6th February 2022. If you fail to attend ALL the grading sessions this may affect the team you are placed in, only players in attendance can be graded on skill level.

For grading, please ensure you are on time, dressed appropriately in sports clothes and sneakers, no jewellery or long nails and bring enough water to get you through the sessions.

Parents/Guardians are requested to sit on the grassed areas, not on the court sidelines. Players who are not on court may sit on the sidelines at the end of the courts away from the graders.

GRADING DATES

Specific information on grading will be sent out in late January.

11, 12, 13, 15 & under - 5.00pm-7.30pm Sunday 6th February Sunday 13th February Sunday 20th February

18 & under and Open - 6.00–8.30pm Wednesday 9th February Wednesday 16th February Wednesday 23rd February

GRADERS

Can you help with Grading in 2022? All graders will be matched with an experienced grader and someone who would like to learn. If you are interested please email <u>development@venetiansnetballclub.com.au</u>

TEAM ANNOUNCEMENTS

Teams will be emailed out prior to the first training session on the 9th March 2022. The first training will include team bonding activities.

The first playing date is the 30th April 2022. NSG and 11 & under's first playing date will be the 29th April 2022.



PRE-GRADING SKILLS SESSIONS

These sessions are run by our club coaches and focus on basic skills and dusting off the cobwebs prior to grading. All players are encouraged to attend as many sessions as they like.

It is essential that you register for each session you would like to attend. You can do this by clicking on the links below. Make sure you click the correct link for your age group.

Sessions will run on Sundays at Wanneroo Districts Netball Association at the following times:

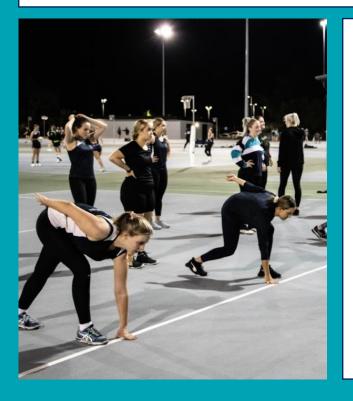
NSG, 11, 12, 13 and 15 & under: 5.30 -7.00 pm 18 & under and open: 7.00 -8.30 pm

Dates and links to register:

Sunday 16th January 2021

- Junior http://thq.fyi/se/8eb91085255e
- Open <u>http://thq.fyi/se/2fa6a138b9ff</u>
- Sunday 23rd January 2021
- Junior <u>http://thq.fyi/se/ca1aafe3329b</u>
- Open http://thq.fyi/se/a6daeee08b05
- Sunday 30th January 2021
- Junior <u>http://thq.fyi/se/1b0819a21722</u>
- Open <u>http://thq.fyi/se/66306b7fbc86</u>





Introduction to Strength and Conditioning

We are also going to be running some pre-season strength and conditioning. This will be provided by Mandy Hopper and her team (see page 16 for details on her program).

These sessions will take place on the same dates as the skills sessions and you can attend as many of the sessions as you like. To register click on the links below.

Junior (12 – 16 years): 4.30 – 5.15pm

http://thq.fyi/se/Q4Rl9fA

Open (17 years and older): 6.00 – 6.45pm

http://thq.fyi/se/2432e37a7f1c

The Venetian's Way – volunteering at Venetians Netball Club

Establishing a culture of volunteering is one of our club goals and there are many different ways that members can give back to the club. We have put together a list of roles that exist that you can choose from. If any of these positions interest you, please get in contact by emailing the relevant committee member or <u>info@venetiansnetballclub.com.au</u>

UMPIRING

Do you like to earn extra money?

Why don't you earn cash on a Saturday umpiring for the club. You can get paid up to \$35.00 per game depending on your badge level and age group. WDNA also have an umpiring program that provides development coaching, courses and badging. If you'd like more information regarding umpiring in 2022 please email <u>umpiring@venetiansnetballclub.com.au</u>.



COACHING

If you are keen to take on the rewarding challenge of coaching, please let us know. Development is provided by the club as well as guidance and support through meetings and regular contact. The club covers the cost of obtaining accreditation attendance at workshops. There are also assistant coach and apprentice coach roles for those who would like to give coaching a try.



COMMITTEE POSITIONS

Joining the committee is rewarding and enjoyable experience. It is a great way to learn about the ins and outs of the club in a supportive role. To find out more about the different roles, visit our position descriptions by <u>clicking here</u> or email <u>info@venetiansnetballclub.com.au</u>.

MANAGERS

Team managers are a vital part of our club and help each team play the game.

The responsibilities of managers include: distributing club info, team equipment, checking scorecard and creating scoring/refreshment rosters. If you are interested, email Debbie Edwards gdl@venetiansnetballclub.com.au.

NON-COMMITTEE ROLES

There are other roles which do not have the commitment of being on a committee and can be shared between multiple members. These include assisting with social event, social media, volunteer coordination and player leadership roles. To find out more about these roles visit our website by <u>clicking here.</u>

Training

Training sessions are held on Wednesday nights at WDNA. Training times vary depending on coach and court availability. Training times will be communicated with team announcements.

Playing Times

Please note these are subject to the number of registrations WDNA receive in each time slot. <u>Friday Night:</u> NSG Set (Years 2 & 3): 4.30pm NSG Go (Years 4 & 5): 5.30pm

Mixed and 11 & Under: 6.30pm - TBC

Saturday:

12 & Under: 8.30am 13 & Under: 10.00am 15 & Under: 11.30am 18 & Under: 1.00pm Open: 2.30 & 4.00pm alternating timeslots

Age group for Winter 2022

NSG Set Year 2 – Born July 1, 2014 – June 30, 2015 NSG Set Year 3 – Born July 1, 2013 – June 30, 2014 NSG Go Year 4 – Born July 1, 2012 – June 30, 2013 NSG Go Year 5 – Born July 1, 2011 – June 30, 2012 11&Under - Born in 2011 12&Under – Born in 2010 13&Under – Born in 2009 15&Under – Born in 2008 - 2007 18&Under - Born in 2004 - 2006 Open -Born 2004 and earlier

Capping of Open Teams

Due to a limited number of coaches, Venetians will be capping open teams this year. Priority will be given to those who attend 80% or more of training sessions in previous years, who are financial and who give back to the club. However, players will not be turned away but encouraged to play in non-training teams.

Volunteering

This year, all players participating in the 15 & under, 18 & under and Open competitions will be expected to give back to the club in some shape or form. There are volunteer roles that players can select in the PlayHQ registration form.

Storage of personal information on database

Your personal information will be stored on a database which is connected to our website. There is an unavoidable low risk associated with this and the general public will not have access to this information. It is intended to only be available for select committee members.

2022 Uniform Information

VICTORY ATHLETIC ARE OUR PROUD UNIFORM SUPPLIERS.

Season 2022 is launching and we are welcoming back <u>Victory Athletic</u> as our apparel partner and as a Bronze sponsor. This partnership has allowed us to streamline the uniform process and offer our club members access to items of apparel and merchandise via a retail space, pop up nights and also through an online website.

Based in Balcatta, Victory Athletic is a proudly 100% West-Australian owned business with a proven record of delivering quality apparel and accessories for teams, businesses, schools and athletes.

We are excited to welcome Victory Athletic back to the Venetians Netball Club for season 2022!

www.victoryathletic.com.au



PURCHASING UNIFORMS IN 2022

All our club uniform items will be able to be purchased before the 2022 season starts from Victory Athletic (Unit 4/12 Mumford Place, Balcatta) and will also be available online via their website.

Victory Athletic will offer our club a designated time for uniform purchases, collections and try-ons during the 2022 netball season via appointment at their Balcatta premises. They will also do 'pop-up' uniform events on some training nights during the season.

Compulsory uniform items for all players are the game day dress, club socks and our training singlet. Victory Athletic will stock hold all of our other optional uniform items including the new club hoodie, sports bags, beanies, scarves, club polos and much, much more!



Pre-season Strength and Conditioning

Many of you will already be aware of the strength and conditioning program that was offered to members aged 12 – 17 years old in 2021 with Mandy Hopper. In 2022, we welcome Mandy and MH Performance back as a silver sponsor and we will be extending our strength and conditioning program further.

For those who do not know of Mandy Hopper, she holds a Masters in Sport Science and is a certified strength and conditioning coach who specialises in netball strength and conditioning. She has been running a netball specific strength and conditioning program for 12 – 17 year old netball athletes for many years and assists athletes in improving performance whilst avoiding knee and ankle injuries. Each term Mandy has approximately 50 girls in the program who have drastically improved their overall body strength, power and speed. In fact, across the entire netball academy group virtually ALL of the girls are 100% injury free!

In addition, many have had results like...

- · Increased jump height
- · Improved running speed
- · Increased self-confidence on and off the court
- · Eliminated knee and ankle pain
- Eradicated shin splints

In 2022, there will be sessions held during pre-season training with Mandy to ensure our playing members (12& under – open) and coaches are educated about the importance of strength and conditioning. There will also be further opportunities to participate in a series of 10-week programs in her private facilities that are **exclusive to Venetian's members**. The pre-season court sessions will be provided free of charge and the 10-week program will be subsidised by the club.



10-week strength and conditioning programs

This program is available for any member aged 12 years and older. The cost for each of the programs is \$25 per week (\$250 for 10 weeks) and Venetians Netball Club will be subsidising \$100 per athlete who joins each program. Participants will be required to pay the gap of \$150 to MH Performance.

The programs will include a before screening session to determine the correct program for each athlete and will also involve re-testing athletes at the end of the program to measure their progress. Athletes will attend a 1-hour session once a week at the facility in Wangara. Athletes will have the option to participate in a pre-season program, two in-season programs (dates below) and one post season program. These will be run at the same time each week.

Program 1 (pre-season): 31st January – 8th April

Pre-testing on the 31st January Post-testing on the last session

Program 2 (in season): 26th April – 1st July

Pre-testing on the 26th April

Post-testing on the last session

Program 3 (in season): 17th July – 22nd September

Pre-testing on the 17th July Post-testing on the last session

Program 4 (off season): 9th October – 14th December

Pre-testing on the 9th October

Post-testing on the last session

We have 30 spots available so you will need to register your interest as soon as possible by emailing <u>admin@mhperformancecoaching.com</u>

If you have any further questions please do not hesitate to contact our president Sian Geldenhuys on 0400 438 230 or <u>president@venetiansnetballclub.com.au</u> or if you would like more information on Mandy Hopper and her program please visit her website. <u>www.mhperformancecoaching.com</u>.





Player and Coach Pathway

Venetians Netball Club is proud to support netballers and coaches of all abilities from social to elite levels. We encourage all players and coaches to challenge themselves to be their best and this may include trialling and participating in various programs.

The Netball WA pathway is broken into tiers; Foundation, Talent, Elite and Mastery. The foundation tier has 4 levels.

Level 1 – 3: NetSetGO

Level 4: Club netball (Saturday netball) and Association Development Program (TACT at WDNA)

The Talent tier has 4 levels

- Level 1 Fever in Time and Metro League
- Level 2 WA Netball League and state representative teams (17U, 19U, 21U)
- Level 3 National Representation
- Level 4 Australian Netball League

Venetians Netball Club has had players and coaches who have worked at all levels of the Foundation and Talent tiers and will support any athlete wanting to progress through the player pathway. For more information on the other tiers <u>click here</u>.

TACT TRIALS

The first opportunity to participate in a program is the Talented Athlete and Coach Training (TACT) program at Wanneroo Districts Netball Association. The registration period has opened for players and registration and trial information can be found <u>here</u>.

If you are interested in coaching please <u>click here</u> to download a form or speak to Kahlea Horton-French (<u>development@venetiansnetballclub.com.au</u>) for more information.